

## A PATH TO TRUE HAPPINESS



**True Sincerity**

*towards others*

**Purity Of Mind**

*within*

**Equality**

*in everything we see*

**Proper Understanding**

*of ourselves and our environment*

**Compassion**

*helping others in a wise and unconditional way*



**See Through**

*to the truth of impermanence*

**Let Go**

*of all wandering thoughts and attachments*

**Freedom**

*of mind and spirit*

**Accord With Conditions**

*go along with the environment*

**Be Mindful Of Amitabha Buddha**

*wishing to reach the Pure Land and follow in*

*His Teachings*